

### **Energy Burn Offs:**

Puppies do experience energy bursts. Perhaps you have seen your pup tear around a room or run wildly about your yard. These energy outlets are natural and have to be vented. This gives you an opportunity to structure some fun and educational sessions with your pup. Prepare a 30 foot long line with a leash snap on one end and a loop handle on the other (*available at any hardware store*). If one of these surges starts up, quickly attach the long nylon rope to his collar and proceed outside with a toy.

Your puppy can safely play, zoom about, investigate, retrieve a toy or recall (*come when called*) to you without danger of running off the property or into the street. At the end of that 10 minute rip and tear session, you have one tired puppy on your hands. This state makes him a quieter and gentler puppy in the house. A quick playtime is advantageous before the pup will be spending the next few hours alone. Left in a puppy-proof setting, with lots of safe toys, he should be content for at least 3 to 4 hours while you're out.



Lack of energy burn offs will result in bad behaviors like chewing, mouthing or even aggression. Many wonderful puppies are given up to animal shelters or put down simply because owners finds them too "hyper". Many times all they really need are energy burn offs to become wonderful companions.

Free Puppy Training Manual on our Internet site.

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