

Pet Tip of the Week

www.houssennet.nb.ca/dogworld.htm

High Energy Dogs:

Many new puppy or dog owners experience a canine behavior that they are not really prepared to face, "high energy." If you are thinking thoughts like "this pup is nuts", or "I have the dog from hell" or "someone must have dropped this puppy on it's head" chances are that you have a "High Energy Canine". You are probably feeling very frustrated and perhaps even to the point of giving up the animal because you feel inadequate to deal with it's personality.

Well, I've got good news for you! Your pup is normal, for him or her. Every dog or puppy is as different as people are, even within a whole litter. They are all individuals, just like people. Some can be shy, or outgoing, bratty or brilliant, calm or very high energy. You must look at the dog as an individual personality and deal with it accordingly.

High energy dogs require an energy burn off every day. Without this release of energy that is stored up in them, they can become destructive, disobedient or distracted hyperdrive dogs that are totally out of control in no time. A 10 to 20 minute fetch game or bike ride or frisbee retrieve every day will definitely help your dog empty his energy fuel tank. The time duration will depend on the individual dog. Remember, the more played out your dog or puppy is, the calmer and more relaxed they will be in the house and with your family members.



Darr Houssen

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